



STARTERS



Salt & Pepper Squid (gff)

Isle of Wight black garlic aioli with rocket & pea shoot salad.

9.5

Tempura Pork Belly / Cauliflower Bites (vea, gff)

Tempura pork belly / cauliflower bites with pickled sesame vegetables & sweet chilli sauce.

9.5



Soup of the Day (v, vea)

Please ask your server. Served with a half grilled cheese garlic ciabatta.

10

Mediterranean Bruschetta (v, gff)

Toasted bruschetta with tomatoes, pesto & grilled Mediterranean vegetables.

9

Buttermilk Chicken Tenders

Crispy buttermilk-marinated chicken breast tenders, served with cajun mayo.

9

Posh Prawn Cocktail (gffa)

Marinated garlic, lemon & smoked paprika king prawns. Tomatoes, avocado, cos lettuce & croutons.

10.5

Beams Mushrooms (v, gffa)

Wild mushrooms, wholegrain mustard with a white wine cream sauce & crusty baguette.

9

Bread Board (v)

Served with salted butter, extra virgin olive oil & balsamic. (add olives +4.5)

7.5

SUNDAY ROASTS

All Sunday roasts served with roast potatoes, carrots, honey & thyme glazed parsnips, broccoli, cauliflower cheese, Yorkshire pudding and our delicious gravy. (Our gravy & cauliflower cheese are gluten free) Just ask for more gravy!

32 Day aged British Beef Sirloin

22

Pork Shoulder (gffa)

20



Locally Reared Leg of Lamb (gffa)

21

5 Seed Nut Roast (n, gff, vea)

17

Duo of Meats
25

Trio of meats
27

SALADS



Classic Old Beams Caesar Salad (v, gffa)

Ripped cos & baby gem lettuce, croutons, soft boiled free range eggs, aged parmesan cheese, Caesar dressing & white anchovies.

14

Seasonal Salad (ve, gff)

Roasted squash, red onion, broccoli, pine nuts, cherry tomatoes, house leaves, beetroot vinaigrette, avocado.

16.5

Add Chicken

3.5 Add Bacon

3 Add Halloumi

3

SIDES

Extra Potatoes

3 Onion rings

4.5

Extra Yorkshire

2 Skin on Fries (gff)

3.5

Extra Cauliflower Cheese

4 (Add truffle oil & parmesan +1.5)

Extra Vegetables

4 Garlic Bread

4

Sweet Potato Fries (gff)

(Add cheese +1)

House Salad (gff)

4

Have an allergy? Let our staff know!

-Take a look at our specials menu!

*Golden Oldies portions at £14 available, ask your server if you qualify!

(ve) - vegan

(v) - vegetarian

(vea) - vegan available

(gff) - gluten free

(gffa) - gluten free available

(n) - nuts

(*) - golden oldies

- chef's choice

THE OLD BEAMS

Freehouse Pub & Kitchen

www.theoldbeams.co.uk @theoldbeamsibsley

0725



Roast SUNDAY MENU

TRADITIONAL COUNTRY DINING



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