





## STARTERS

	<b>Salt &amp; Pepper Squid</b> (gff)	9.5	<b>Mediterranean Bruschetta</b> (v,gff)	9
	Isle of Wight black garlic aioli with rocket & pea shoot salad.		Toasted bruschetta with tomatoes, bocconcini, pesto & grilled Mediterranean vegetables.	
	<b>Tempura Pork Belly / Cauliflower Bites</b> (vea,gff)	9.5	<b>Buttermilk Chicken Tenders</b>	9
	Tempura pork belly or cauliflower bites with pickled sesame vegetables & sweet chilli sauce.		Crispy buttermilk-marinated chicken breast tenders, served with cajun mayo.	
	<b>Soup of the Day</b> (v,vea,gffa)	10	<b>Posh Prawn Cocktail</b> (gffa)	10.5
	Please ask your server. Served with a half grilled cheese garlic ciabatta.		Marinated garlic, lemon & smoked paprika North Atlantic prawns, crayfish, tomatoes, avocado, cos lettuce & croutes.	
	<b>Beams Mushrooms</b> (v,gffa)	9	<b>Bread Board</b> (v)	7.5
	Wild mushrooms, wholegrain mustard with a white wine cream sauce & crusty baguette.		Served with salted butter, extra virgin olive oil & balsamic. (add olives +4.5)	


## PUB CLASSICS

	<b>Wild Mushroom Parcel</b> (v,vea,gffa)	18.5
	A warm puff pastry tart filled with locally foraged wild mushrooms and baby spinach, cooked in a white wine, garlic & tarragon cream sauce. Served with herb buttered carrots, broccoli & topped with rocket, finished with truffle oil.	
	<b>*The Old Beams Burger</b> (gffa)	20
	Choose between beef or crispy buttermilk chicken topped with cheese, bacon, burger sauce, baby gem, red onion, tomato & gherkin on a brioche bun. Served with skin on fries, coleslaw & BBQ sauce.	
	<b>The Old Beams Pie of The Day</b> (vea)	18.5
	Delicious hand crimped pie served in a shortcrust pie case served with the creamy mash, herb buttered carrots, broccoli, honey glazed parsnip, finished with root veg crisp.	
	<b>Portobello Mushroom &amp; Halloumi Burger</b> (v,vea,gffa)	17.5
	Confit portobello mushroom, fire roasted pepper & halloumi burger served with skin on fries, coleslaw & BBQ sauce.	
	<b>*Ham, Egg &amp; Chips</b> (gff)	17
	Wholegrain mustard & honey glazed ham, free range fried eggs, skin on fries & Old Beams piccalilli.	
	<b>*The Old Beams Fish &amp; Chips</b> (gffa)	18.5
	Sustainably sourced cod, hand dipped in real ale & Dorset Sea Salt batter with skin on fries, minted pea puree & chunky dill tartare sauce.	

## MAINS

	<b>Chargrilled Herb &amp; Garlic Chicken Breast</b> (gff)	21.5
	Chicken breast, chorizo sautéed potatoes, broccoli, wild mushroom & wholegrain mustard truffle cream.	
	<b>Day Boat Fish of The Day</b> (gff)	24.5
	Pesto cream potatoes, chargrilled fennel, samphire with cherry tomatoes & sun-blushed tomato sauce finished with basil oil.	
	<b>Pan Roasted Pork Tenderloin</b> (gff)	24
	Roasted tenderloin of pork wrapped in parma ham with sage, creamed potato, savoy cabbage, roasted carrots, rich cider jus.	
	<b>10oz 32 Day Aged Dorset Sirloin Steak</b> (gff)	29.5
	Sirloin steak, dry aged and cooked to your liking served with skin on fries, on the vine cherry tomatoes, garlic portabello mushroom & a rocket & parmesan salad dressed with olive oil & balsamic glaze. (add mushroom sauce /peppercorn / béarnaise +3)	
	<b>*Old Beams Risotto</b> (gff,vea)	22
	Salmon, prawn & crayfish creamy risotto infused with coconut milk. Finished with a touch of fresh lime and a hint of chilli.	

## SALADS

	<b>Classic Old Beams Caesar Salad</b> (v,gffa)	14
	Ripped cos & baby gem lettuce, croutons, soft boiled free range eggs, aged parmesan cheese, Caesar dressing & white anchovies.	
	<b>Beams Salad</b> (ve,gff)	16.5
	Roasted squash, red onion, broccoli, pine nuts, cherry tomatoes, house leaves, beetroot vinaigrette, avocado.	
	Add Chicken	3.5
	Add Bacon	3
	Add Halloumi	3

## SIDES

<b>Sweet Potato Fries</b> (gff)	4
<b>House Salad</b> (gff)	4
<b>Onion rings</b>	4.5
<b>Skin on Fries</b> (gff)	3.5
(Add truffle oil & parmesan +1.5)	
<b>Garlic Bread</b>	4
(Add cheese +1)	

Have an allergy? Let our staff know!

-Take a look at our specials menu!

\*Golden Oldies portions at £14 available, ask your server if you qualify!

(ve) - vegan

(v) - vegetarian

(vea) - vegan available

(gff) - gluten free

(gffa) - gluten free available

(n) - nuts

(\*) - golden oldies

 - chef's choice

# THE OLD BEAMS

Freehouse Pub & Kitchen

[www.theoldbeams.co.uk](http://www.theoldbeams.co.uk) @theoldbeamsibsley



# M E N U

TRADITIONAL COUNTRY DINING



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